## The Aquarian Teacher™

"If you want to learn something, read about it. If you want to understand something, write about it. If you want to master something, teach it." - Yogi Bhajan

## The Kundalini Research Institute

Awards this

## Level One Instructor CERTIFICATE OF TRAINING

to

## Eileen Seibt

For successfully completing all the requirements of the International Teacher Training Level One Program (200 hrs) in Kundalini Yoga as taught by Yogi Bhajan®

KRI Director of Training

Guncharan S Holsa

Gunnal Kham

The Aquarian Teacher Program includes Level One (200 hrs), Level Two (300 hrs) and Level Three.

It is recommended that graduates maintain active membership in the International Kundalini Yoga Teacher's Association (IKYTA) or one of its national affiliates. This affirms the graduate's commitment to the Code of Ethics and Professional Standards and engagement in an ongoing process of continuing education.